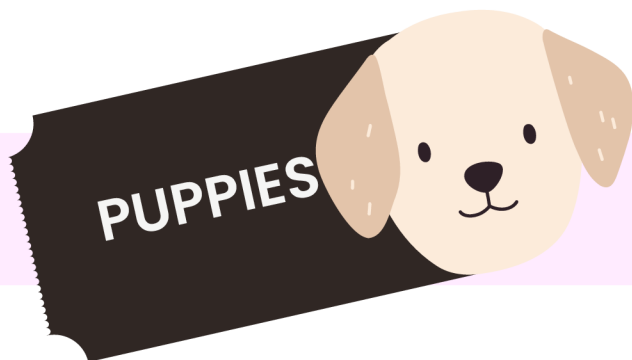


# Raw Feeding Cheat Sheet



## Muscle Meat (boneless meat)

40%

Freeze wild caught animals at -4F below for 3-4 weeks. Skin with fur or feathers attached are a great source of animal-based fiber.

Chicken, turkey, quail, beef, duck, kangaroo, pheasant, partridge, Cornish hen, rabbit, venison, beaver, pork, lamb, bison, boar, grouse, goat, goose, moose, ostrich.

## How much to feed

### Daily Amount

2-4 months 10%-8%

4-6 months 8%-6%

6-8 months 6%-4%

8 - 12 months 4%-3% (large breeds)

12-24 months 4%-3%

## Muscular Organ

15%

Heart (high in B Vitamins)

Lung (high in selenium)

Green Tripe (high in manganese)

Gizzards (high in zinc)

## Fiber or Fur

4%

Rabbit ears with fur, rabbit feet with fur, beef ear with fur, pork ear with fur, lamb ear with fur.

## Raw Meaty Bones



17%

**Make sure the bones you feed are the appropriate size for your dog**

Rabbit head, rabbit back, duck neck, turkey neck, chicken neck, chicken wings, chicken feet, duck feet, rabbit feet, pork feet, pork tail, lamb ribs

## Secreting Organ



7%

Brain (high in DHA)  
Kidney (high in B vitamins)  
Spleen (high in iron)  
Pancreas (digestive enzymes)  
Eyeball (high in iron)  
Ovaries (promote hormone balance in females)  
Testicles (high in B12)

## Liver



2-7%

Lower the liver percentage to 2% if you are feeding ruminant animal (cow) or duck liver due to a high concentration of copper/vitamin A.

## Seafood



10%

**Canned seafood should be in water only, preferably no added salt. If there is added salt, rinse it off before adding it to your dog's bowl.**

**Tuna can contain mercury so you want to stay away from that.**

**Fish oils in a pump bottle will oxidize rapidly due to exposure to air.**

Smelt, anchovies, mackerel, salmon, herring, sardines, cooked blue or green lipped mussel (manganese), oysters (zinc).

## Vegetables

**Vegetables must be steamed or cooked before giving it to your dog in order for it to be bioavailable to them.**

**Garlic is NOT poisonous, it can actually help fight cancer. Onions should NEVER be given to your dog.**

Spinach, red bell pepper, sweet potato, squash, carrots, yellow bell pepper, kale, chard, asparagus, broccoli, zucchini, avocado (NOT the seed), bok choy, cucumber, beets, chard stems, eggplant, garlic, mushrooms, ginger, turnip, cauliflower.



7-10%

## Fruit

**Fruit provides antioxidants**



2%

Blueberries, blackberries, cranberries, strawberries, watermelon, goji berry, kiwi, figs, apples.

## Optional

**Optional should not take up more than 5% of total muscle meat**

Tongue (high in fat)  
Trachea (high in chondroitin)  
Tendon (collagen)  
Pizzle (bully stick)  
Gullet (high in glucosamine)  
Ears (digestion)  
Uterus (high in iron)

# Raw Feeding Cheat Sheet



## Muscle Meat (boneless meat)

50-55%

Freeze wild caught animals at -4F below for 3-4 weeks. Skin with fur or feathers attached are a great source of animal-based fiber.

Chicken, turkey, quail, beef, duck, kangaroo, pheasant, partridge, Cornish hen, rabbit, venison, beaver, pork, lamb, bison, boar, grouse, goat, goose, moose, ostrich.

## How much to feed

### Daily Amount

Inactive/lose weight - 2%

Average - 2.5%

Active 3%

Athlete / working 3.5%

## Muscular Organ

25%

Heart (high in B Vitamins)

Lung (high in selenium)

Green Tripe (high in manganese)

Gizzards (high in zinc)

## Fiber or Fur

5%

Rabbit ears with fur, rabbit feet with fur, beef ear with fur, pork ear with fur, lamb ear with fur.

## Raw Meaty Bones



10%

**Make sure the bones you feed are the appropriate size for your dog**

Rabbit head, rabbit back, duck neck, turkey neck, chicken neck, chicken wings, chicken feet, duck feet, rabbit feet, pork feet, pork tail, lamb ribs

## Secreting Organ



5%

Brain (high in DHA)  
Kidney (high in B vitamins)  
Spleen (high in iron)  
Pancreas (digestive enzymes)  
Eyeball (high in iron)  
Ovaries (promote hormone balance in females)  
Testicles (high in B12)

## Liver



2-5%

Lower the liver percentage to 2% if you are feeding ruminant animal (cow) or duck liver due to a high concentration of copper/vitamin A.

## Seafood



10%

**Canned seafood should be in water only, preferably no added salt. If there is added salt, rinse it off before adding it to your dog's bowl.**

**Tuna can contain mercury so you want to stay away from that.**

**Fish oils in a pump bottle will oxidize rapidly due to exposure to air.**

Smelt, anchovies, mackerel, salmon, herring, sardines, cooked blue or green lipped mussel (manganese), oysters (zinc).

## Vegetables

**Vegetables must be steamed or cooked before giving it to your dog in order for it to be bioavailable to them.**

**Garlic is NOT poisonous, it can actually help fight cancer. Onions should NEVER be given to your dog.**

Spinach, red bell pepper, sweet potato, squash, carrots, yellow bell pepper, kale, chard, asparagus, broccoli, zucchini, avocado (NOT the seed), bok choy, cucumber, beets, chard stems, eggplant, garlic, mushrooms, ginger, turnip, cauliflower.



10%

## Fruit

**Fruit provides antioxidants**

Blueberries, blackberries, cranberries, strawberries, watermelon, goji berry, kiwi, figs, apples.



5%

## Optional

**Optional should not take up more than 5% of total muscle meat**

Tongue (high in fat)

Trachea (high in chondroitin)

Tendon (collagen)

Pizzle (bully stick)

Gullet (high in glucosamine)

Ears (digestion)

Uterus (high in iron)

## Other Beneficial Things

- More prebiotics and probiotics
- Intermittent fasting

### **Pre/probiotics:**

Kefir, fermented foods, cottage cheese, goat milk, pre/probiotic powders

# Raw Feeding Cheat Sheet



**PREGNANT  
& LACTATING**



## Muscle Meat (boneless meat)

Freeze wild caught animals at -4F below for 3-4 weeks. Skin with fur or feathers attached are a great source of animal-based fiber.

Chicken, turkey, quail, beef, duck, kangaroo, pheasant, partridge, Cornish hen, rabbit, venison, beaver, pork, lamb, bison, boar, grouse, goat, goose, moose, ostrich.

Combined  
Muscle  
Meat &  
Muscular Organ

40-70%

## Muscular Organ

Heart (high in B Vitamins)  
Lung (high in selenium)  
Green Tripe (high in manganese)  
Gizzards (high in zinc)

## How much to feed

### Daily Amount

**Calculate calories to sustain life**  
Calculate daily caloric intake first:  
 $70(\text{weight in kg})^{.75} = \text{calories to sustain life}$

### Calculate kcal per day

#### *Pregnant*

Calories to sustain life \* multiplier = daily kcal

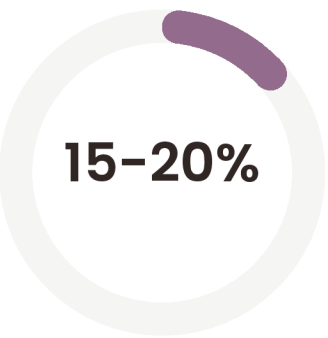
Multiplier for pregnant dogs is between 1.6-2 depending on how many pups

#### *Lactating*

Calories to sustain life \* multiplier = daily kcal

Multiplier for lactating dogs is between 2-6 depending on how many pups

## Raw Meaty Bones



15-20%

**Make sure the bones you feed are the appropriate size for your dog**

Rabbit head, rabbit back, duck neck, turkey neck, chicken neck, chicken wings, chicken feet, duck feet, rabbit feet, pork feet, pork tail, lamb ribs

## Seafood



19%

**Canned seafood should be in water only, preferably no added salt. If there is added salt, rinse it off before adding it to your dog's bowl.**

**Tuna can contain mercury so you want to stay away from that.**

**Fish oils in a pump bottle will oxidize rapidly due to exposure to air.**

Smelt, anchovies, mackerel, salmon, herring, sardines, cooked blue or green lipped mussel (manganese), oysters (zinc).

## Secreting Organ



7%

Brain (high in DHA)  
Kidney (high in B vitamins)  
Spleen (high in iron)  
Pancreas (digestive enzymes)  
Eyeball (high in iron)  
Ovaries (promote hormone balance in females)  
Testicles (high in B12)

## Liver



2-7%

Lower the liver percentage to 2% if you are feeding ruminant animal (cow) or duck liver due to a high concentration of copper/vitamin A.

## Fiber or Fur



5%

Rabbit ears with fur, rabbit feet with fur, beef ear with fur, pork ear with fur, lamb ear with fur.



## Vegetables

**Vegetables must be steamed or cooked before giving it to your dog in order for it to be bioavailable to them.**

**Garlic is NOT poisonous, it can actually help fight cancer. Onions should NEVER be given to your dog.**

Spinach, red bell pepper, sweet potato, squash, carrots, yellow bell pepper, kale, chard, asparagus, broccoli, zucchini, avocado (NOT the seed), bok choy, cucumber, beets, chard stems, eggplant, garlic, mushrooms, ginger, turnip, cauliflower.



7%

## Fruit

**Fruit provides antioxidants**

Blueberries, blackberries, cranberries, strawberries, watermelon, goji berry, kiwi, figs, apples.



2%

## Optional

**Optional should not take up more than 5% of total muscle meat**

Tongue (high in fat)  
Trachea (high in chondroitin)  
Tendon (collagen)  
Pizzle (bully stick)  
Gullet (high in glucosamine)  
Ears (digestion)  
Uterus (high in iron)

## Other Beneficial Things

Pasture-raised eggs for choline